



TIME OF GRACE®

Grace_{notes}

guides for personal Bible study

Here I Am, Lord: With My Fears and Doubts

Psalm 43: ¹“Vindicate me, my God, and plead my cause against an unfaithful nation. Rescue me from those who are deceitful and wicked. ²You are God my stronghold. Why have you rejected me? Why must I go about mourning, oppressed by the enemy? ³Send me your light and your faithful care, let them lead me; let them bring me to your holy mountain, to the place where you dwell. ⁴Then I will go to the altar of God, to God, my joy and my delight. I will praise you with the lyre, O God, my God. ⁵Why, my soul, are you downcast? Why so disturbed within me? Put your hope in God, for I will yet praise him, my Savior and my God.”

Points to Ponder

1. Think back to times in your life when you felt full of doubt or fear. Did you ever wonder whether or not God was with you or cared about your doubts and worries?
2. Read Psalm 43:2. Does it seem that the psalmist feels the same as you did in this verse?
3. Read Psalm 43:5. After laying out his troubles, what does the psalmist now express?
4. In what ways can you also look back in your dark times and see the hope you have because of God's love and care?

5. How can you help others when they are feeling like this psalmist? What can you remind them of?

We often feel like the psalmist in Psalm 43. We have questions, fears, and doubts and wonder why God isn't helping us. But when we look back in faith, we know for certain that he is with us and that his light shines into our darkness with his love and care.

What else does God say?

Psalm 34:4: I sought the LORD, and he answered me; he delivered me from all my fears.

John 14:27: Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.